

BOOKING FORM



The World Community for Christian Meditation

NAME:

ADDRESS:

CONTACT PHONE NUMBER:

E-MAIL:

TYPE OF ACCOMMODATION (Tick requirement):

ENSUITE SINGLE (£390)

ENSUITE SHARED (£340)

SINGLE WITH WASH BASIN (£350)

SHARED WITH WASH BASIN (£300)

NON-RESIDENTIAL (£195)

INTEREST IN CAMPING (see page 3)

ANY SPECIFIC DIETARY NEEDS:

**ANY DISABILITIES REQUIRING SPECIFIC ASSISTANCE OR
ACCOMMODATION:**

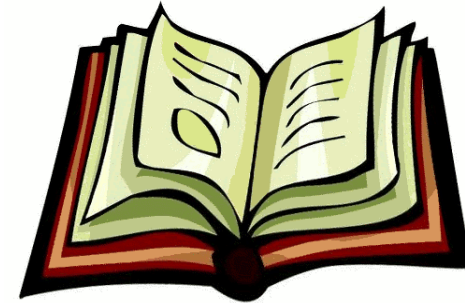
***Detach and return completed form with cheque for £50 deposit -
made out to 'Christian Meditation Trust (UK)' – to:***

Jacqueline Russell (WCCM,) 15, Helford Close, Aylesbury, HP21 8BG

UK National Retreat

12th-17th October 2012

Belsey Bridge Conference Centre, Ditchingham, Bungay,
Suffolk NR35 2DZ



"Tell Me a Story"

Meditation and the History of Salvation

led by Father Laurence Freeman OSB

The Christian Meditation Trust (UK) reg charity no 1101900

ABOUT THE RETREAT

'From childhood we learn to love stories and remain attracted to them as adults since they help us make sense of our lives. How does meditation- a way without words, images or storyline- relate to the religious story and all the stories within it that form so much of the Christian tradition? Do the stories cease to matter or do they matter even more in the light of meditation? Our daily practice and our Christian maturity can depend on this'.

In this UK Retreat Father Laurence will explore this theme. The times of meditation and other ways of prayer and preparation will also be essential to making this a week of peace, renewal, solitude and blessed community. There will be a Eucharist on each full day and simple relaxation exercises will help keep our body and mind in tune.

BELSEY BRIDGE CONFERENCE CENTRE (www.cct.org.uk)

The conference centre is situated in a quiet rural setting on the Norfolk/Suffolk border and offers the opportunity for walks along the country lanes and paths close by.

A variety of diets can be catered for, including vegetarian, gluten/dairy free.

Lifts provide access to the whole of the ground floor and to a number of the bedrooms. Please ask if you need more detailed information about disabled facilities.

ENQUIRIES Jacqueline Russell tel: 01296 488450 (office hours)
e-mail: jacq.russell@ntlworld.com

COSTS AND ACCOMMODATION

En- suite single room, £390

En-suite shared room, £340

Single room with wash basin, £350

Shared room with wash basin, £300

Non-residential rate including all meals, £195 (non-residents are expected to take part in the whole programme beginning with meditation before breakfast.)

It is possible to camp in the grounds at a cost of £12 a night per tent. This facility will only be available once all rooms are booked.

BOOKING

Complete the booking form overleaf and send a deposit of £50. Cheques should be made out to 'Christian Meditation Trust (UK)'. The balance will be due by 1st September with deposits non-refundable after that time. If you would like to pay by credit or debit card contact:

Jacqueline Russell (WCCM,) 15, Helford Close, Aylesbury, HP21 8BG

Tel: 01296 488450 (office hours)

e-mail: jacq.russell@ntlworld.com

BURSARIES

Contact Jacqueline also if you need financial help to attend the retreat. If anyone is able to contribute towards the bursary fund donations would be gratefully received.