

April 2011



The World Community  
for Christian Meditation

Dear friend

I write as the newly appointed chair of the Trustees of the registered charity which looks after the financial and legal affairs of WCCM in the UK. I took over from Beth Parfitt and would like to thank Beth on your behalf for her four years of service as Chair. She brought valuable experience as a charity administrator, which together with her meticulous organisation and consideration to all meant that the ship had a very steady hand on the tiller. I know Beth would also be the first to acknowledge the other trustees, who currently are Liz Watson (ex officio as UK coordinator), Judith Denny, Pat Nash, Charles Posnett, myself, and Nigel Parfitt, our treasurer. This last role is crucial – and with Nigel having started his final year in post, we are anxious to hear from anyone who might be able to take over from him.

The WCCM in the UK asks for financial support from all newsletter readers once a year – so this is it for 2011! I think it would be good to begin by reporting on our financial position. We have two main areas of expenditure: running events, and other costs. For events, Trustees policy for some years now has been to try to run national events (the Conference, School weekends etc) at break even – for the fees we ask to be just enough to cover costs. In the broad, events organisers have been achieving this – which is great.

Other costs come to £30-35,000 p.a., comprising mostly the rent and other costs of running our small office at St Mark's, London, and the printing and mailing of the newsletter four times a year. We also incur some costs, mostly travel expenses, for the volunteers who provide leadership and/or work in the office. We have a small fund for bursaries to enable students and others on very low incomes to attend national events – a fund we would like to be larger. I think that all of these activities are valuable. It is essential that we have a good way of fielding the many enquiries that the UK community receives, that we communicate occasionally to the over 300 groups in the UK, and to other meditators and those interested in meditation. Most of us know that the path we follow is simple, but not easy – so the sense of being supported by a wide community of fellow pilgrims is indeed helpful. In 2010 we also chose to make a £5,000 donation to the international work of the WCCM – which the Trust is keen to do whenever it can. The worldwide needs are great – to fund translations of books, to pay for the visits of teachers (especially Fr Laurence) to poorer countries which cannot fund such visits themselves, and to support *Meditatio*, the international programme of outreach, largely to the secular world.

The UK community is registered as  
The Christian Meditation Trust (UK)  
Registered Charity No. 1101900

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Myddelton Square  
London EC1R 1XX / UK

tel. 020 7833 9615

fax. 020 7713 6346

email: [uk@wccm.org](mailto:uk@wccm.org)

[www.christian-meditation.org.uk](http://www.christian-meditation.org.uk)

However, the cost of these activities has to be covered by donations – and in 2010 they were not, despite our receiving a significant legacy. We incurred a shortfall of about £2,500 (subject to final adjustments and audit). We are able to cover the shortfall by drawing on reserves, which we may have to do again in 2011, given that we have also invested in an effort to improve the efficiency of the St Mark's office. Trustees' policy is to keep a reserve equal to one year's costs but you will realise from what I have said that we are struggling to keep to this guideline.

The UK community is enormously grateful to all who contribute financially to its work. Many of you do so by standing order, which is especially valuable in providing some consistency in our income. I would ask all readers to consider whether they would like to help support the community with a gift (and, if they are taxpayers, to gift aid any donation so that we get 25% more from H.M. Government). As a rule of thumb, we think that a donation of about £20 from each meditator would come close to covering our costs in the UK. The appropriate form is included with this letter.

If you have any comments or feedback, please do get in touch with me at [roger.layet@btinternet.com](mailto:roger.layet@btinternet.com). Additionally, I will be at the UK Conference at Swanwick in June, so, for those of you able to attend the Conference, there will be an opportunity to discuss the UK community's financial position personally.

Peace and blessings

Roger Layet



# THE WORLD COMMUNITY FOR CHRISTIAN MEDITATION IN THE UK

Registered as The Christian Meditation Trust (UK)  
Charity no. 1101900

## 2011 APPEAL

### MAKING A DONATION

Each year we ask you to help by making a voluntary donation according to your means. There are several ways to give. You can make a one-off donation by cash or cheque, or by Direct Bank Transfer. A Banker's Order allows you to make regular donations or to spread your support over the year. If you are a UK taxpayer you can also Gift Aid your donation, which increases the amount we receive at no extra cost to you.

To make your donation please complete the details below and return the form to:  
**The Christian Meditation Trust (UK), St Mark's, Myddelton Square, London EC1R 1XX**

If you have any queries, contact the UK office: Tel. 020 7833 9615 or email: [uk@wccm.org](mailto:uk@wccm.org)

If you have already made a donation for 2011, thank you; simply disregard this appeal. Disregard it also if you have already made a Banker's Order and do not want to alter it.

### YOUR DETAILS

The Christian Meditation Trust (UK) will use this information solely for keeping you in touch with its activities. It will not pass your details to anyone else.

Name.....

Address.....

.....

.....Postcode.....

Tel.....Email.....

### MAKING A DONATION Option 1 - BY CASH OR CHEQUE

I enclose a donation to support The Christian Meditation Trust (UK)

£20    £30    £40    £50    Other amount

***Please make cheques payable to CMT (UK)***

I wish to receive a receipt for this donation

## MAKING A DONATION Option 2 - BY DIRECT BANK TRANSFER

To: Cooperative Bank, Account No: 65095005, Sort Code: 08-92-99, Account Name: The Christian Meditation Trust (UK).

Please give as a reference 'Appeal 2011 *plus your name*'.

## MAKING A DONATION Option 3 - BY BANKER'S ORDER

To make a new Banker's Order or revise an existing Order, complete the Mandate below. Please do NOT send it directly to your bank - we will send it after it has been registered in our records.

### Bankers Order Mandate

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To the Manager

Please pay to the Co-op Bank (Sort Code 08-92-99) for credit to The Christian Meditation Trust (UK) Account No 65095005

the sum of £..... every month / quarter / year\* (\*delete as appropriate)

starting on ..... (date)

#### Details of my bank account

My Account No ..... Bank Sort Code.....

My signature .....

Bank Name.....

Bank Address .....

.....Post Code.....

#### ***Bank please quote – donor ID no.***

This cancels all previous Banker's Orders in favour of The Christian Meditation Trust (UK)

## GIFT AID IT!

If you are a UK taxpayer please consider the Gift Aid Declaration below. We can then currently reclaim from the Government 25p tax on every £1 that you give at no extra cost to you.

Please treat:

The enclosed gift of £..... as a Gift Aid donation; **OR**

All gifts of money that I make today and in the future as Gift Aid donations

Signature.....Date.....

**N.B. You must pay an amount of Income Tax and/or Capital Gains Tax for each tax year (6 April one year to 5 April the next) that is at least equal to the amount of the tax that the charity will reclaim on your gifts for that tax year. If you pay income tax at the higher rate, you must include all your Gift Aid donations on your Self Assessment tax return if you want to receive the additional tax relief due to you.**

**Please notify the Christian Meditation Trust (UK) if you want to cancel this declaration, change your name or home address or you no longer pay sufficient Income/Capital Gains tax.**