

# Christian Meditation Groups in the UK

Use the details below to find a meditation group in your area. If there are no contact details for the group you are interested in, contact one of the **co-ordinators**, **highlighted in blue**, for the region your group is in. They will provide you with further details. **Note:** the regions are arranged roughly north to south and west to east, and do not always follow *county* boundaries.

## National Co-ordinator

Janet Robbins

Tel: 01249 814845

Email: [janet@jrobbins.co.uk](mailto:janet@jrobbins.co.uk)

## Scotland

Town	Day	Time	Co-ordinator/Contact	E-mail	Telephone
			<b>Mr Alex Holmes</b>	<a href="mailto:alexerskinholmes@googlemail.com">alexerskinholmes@googlemail.com</a>	<b>01241 830724</b>
Aberdeen	Monday	1.00pm	Christa Roodt		
Cardross	Alt. Wednesdays		Michael and Rosemary Wilson		
Coatbridge	Monday (inc. Bank Holidays)	7.00pm	Eric McDonnell		
Edinburgh	Tuesday	7.00pm	Oly Todd, Lilian Lee		
Edinburgh	Monday	7.30pm	Sr Margaret Nagel		
Edinburgh	Alt. Thursdays	3.00pm	Kay Ramsay		
Glasgow - West End	Wednesday	7.00pm	Ken Mullen		
Glasgow - Langside	Thursday	7.30pm	Margaret McLaughlin		
Glasgow - 11th Step	Wednesday	8.00pm	Alan Ralston		
Glasgow - Cardonald	Tuesday	11.00am	Ann Boyle		
Inverurie	Tuesday	11.30am	Aileen Ross		
Lockerbie	1st Saturday on month	9.30am	Ann Shukman		
Paisley	Tuesday	7.45pm	Ann Skivington		
Perth	3rd Monday of month	5.00pm	Ann McIntyre		
St Andrew's - Fife	Alt. Wednesdays	7.30pm	Fiona Armstrong		
Stornaway - Isle of Lewis	2nd Thursday of month	7.30pm	Sr Clare Lockhart		

## North East England

Town	Day	Time	Co-ordinator/Contact	E-mail	Telephone
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<b>Newcastle upon Tyne</b>			<b>Charles and Jill Foister</b>	<a href="mailto:jillfoister@googlemail.com">jillfoister@googlemail.com</a>	<b>0191 285 5054</b>
Durham			Ann Canavan		
Gosforth	Friday	6.00pm	Charles and Jill Foister		
Hexham	Monday	10.00am	Angela Helm		
Jesmond	Wednesday	5.15pm	Gordon Smith		
Teesville	Tuesday	7.15pm	Terry Doyle		
Widdrington / Morpeth	Last Monday of month		Ena Dimelow		

## Cumbria Region and Isle of Man

<b>Town</b>	<b>Day</b>	<b>Time</b>	<b>Co-ordinator/Contact</b>	<b>E-mail</b>	<b>Telephone</b>
<b>Brough Sowerby</b>	<b>Friday</b>	<b>11.00am</b>	<b>Sarah Kirkup</b>	<a href="mailto:sarah.kirkup1@virgin.net">sarah.kirkup1@virgin.net</a>	<b>01768 341258</b>
<b>Onchan</b>	<b>Wednesday</b>	<b>7.30pm</b>	<b>Mrs Bernie Roberts</b>	<a href="mailto:sbIROBERTS@manx.net">sbIROBERTS@manx.net</a>	<b>01624 676274</b>
Ambleside	Thursday	7.00pm	Tony Champion		
Ambleside	Thursday	7.00pm	Lola Hanson		
Appleby	Monday	2.00pm	Revs. Roger Collinson		
Armathwaite	Thursday	5.00pm	Pam Bright		
Brampton	2nd & 4th Thursdays of month	7.00pm	Ginny Wall		
Brough Sowerby	Friday	11.00am	Sarah Kirkup		
Carlisle	Friday	8.00pm	Christopher Horsfield		
Cockermouth	Monday	1.45pm	Rev David Wood		
Dalston, nr Carlisle	Friday	11.00am	Peggy Jackson		
Egremont	2nd & 4th Sundays of month	7.30pm	Rosemary Graham		
Grange over Sands	3rd Tuesday of month	2.00pm	Lois Quinn		
Kendal	Tuesday	10.00am	Graham Skilling		
Kirkby Lonsdale	3rd Tuesday of month		Vera Dolton		
Millom	Wednesday	8.00pm	Denise McNally		
Rydal	Tuesday	7.30pm	Rev Cameron Butland		
Penrith - Stainton	Wednesday	5.45pm	Jane Hasell-McCosh		
Windermere	2nd & 4th Tuesdays of month	2.30pm	Audrey Orton		
Windermere	Wednesday	7.30pm	Mgr Frank Slattery		

## Lancashire Region

<b>Town</b>	<b>Day</b>	<b>Time</b>	<b>Co-ordinator/Contact</b>	<b>E-mail</b>	<b>Telephone</b>
			<b>Lesley Easterman</b>	<a href="mailto:lesley.easterman@btinternet.com">lesley.easterman@btinternet.com</a>	<b>01204 811050</b>
Bolton	Thursday	2.00pm			

Bolton	Monday	7.30pm			
Bury	Thursday	10.30am			
Halton	Monday	7.00pm			
Halton	1st & 3rd Mondays of month	7.30pm			
High Bentham	Friday	7.30pm			
Horwich	2pm Monday, 7pm Thursday				
Lancaster	Wednesday	4.00pm			
Lancaster	2nd Mondays of month	4.00pm			
Lancaster	2nd Mondays of month	12 noon			
Rochdale	Tuesday	2.30pm			
Todmorden	Monday	1.30pm			
Whalley Abbey					
Wigan	Wednesday	12.15pm			

## Yorkshire Region

Town	Day	Time	Co-ordinator/Contact	E-mail	Telephone
			Sue Perkis	<a href="mailto:suepurkis@hotmail.co.uk">suepurkis@hotmail.co.uk</a>	01535 632171 / 07702 692117
<b>Leeds</b>	<b>1st &amp; 3rd Tuesdays</b>	<b>7.30pm</b>	<b>Susan Giuntoni</b>	<a href="mailto:giuntoni@btinternet.com">giuntoni@btinternet.com</a>	<b>0113 258 3780</b>
Boston Spa	Monday	3.00pm			
Doncaster	Tuesday	7.00pm			
Guisborough	Tuesday	7.30pm			
Halifax	Wednesday	5.00pm			
Harrogate	Wednesday	9.45am			
Ilkley	Monday	9.00am			
Leeds	Monday	7.30pm			
Leeds	1st & 3rd Tuesdays	7.30pm	Susan Giuntoni		
Normanton	Monday	7.00pm			
Sheffield	Tuesday	7.30pm			
Yeden					
York	Wednesday	8.00pm			

## Manchester and Merseyside Region

Town	Day	Time	Co-ordinator/Contact	E-mail	Telephone
Rossendale	Monday	7.00pm	Angela Gregson	<a href="mailto:faghillview@aol.co.uk">faghillview@aol.co.uk</a>	01706 226574

Alderley Edge	Monday & Wednesday	7.30pm & 9.45pm	Kevin Hanrahan		
Bowdon, Cheshire			Michael Jackson		
Eccles			Emma Horrocks		
Formby	Monday	11.00am			
Liverpool	Tuesday	10.30am			
Manchester	Last Saturday of month	2.00pm	Sheila Wood		
Moss Side	Tuesday & Thursday	7.30pm & 7.00pm	Sheila Wood		
Prestwich	Tuesday	7.00pm			
Royton	Friday	6.30pm			
Sale					
St Helens	Tuesday				
Urmston			Maureen Rice		
Walkden	1st Tuesday of Month	7.00pm			
Rossendale	Friday	7.00pm	Angela Gregson		

## North Wales

Unfortunately we have no groups in North Wales at the moment. If you are interested in starting one, contact the other coordinators for Wales

## South Wales

Town	Day	Time	Co-ordinator/Contact	E-mail	Telephone
			Andrew Cresswell	<a href="mailto:andrewcresswell62@yahoo.co.uk">andrewcresswell62@yahoo.co.uk</a>	029 2047 1772
<b>Cardiff</b>	<b>Thursday</b>	<b>7.30pm</b>	<b>Roger Crowley</b>		<b>029 2088 7219</b>
Abergavenney	Thursday	7.30pm			
Cardiff	Thursday	7.30pm	Roger Crowley		
Monmouth	Saturday	9.15am			
Pontypool	Tuesday	7.00pm			
Porthcawl	Wednesday	7.30pm			

## West Wales

Town	Day	Time	Co-ordinator/Contact	E-mail	Telephone
<b>Fishguard</b>	<b>2nd Mondays of month</b>	<b>2.00pm</b>	<b>Mrs Jayne MacGregor</b>	<a href="mailto:jaynemacgregor@yahoo.co.uk">jaynemacgregor@yahoo.co.uk</a>	<b>01348 872895</b>
Lampeter	Tuesday	7.00pm	Fr Matthew Hill		
Nevern	Last Friday of month	7.30pm	Ivor and Vicki Lewis		
Pembroke Dock	Alt. Fridays	7.30pm	Angela McNally/Gill Sefton		

## West Midlands Region

Town	Day	Time	Co-ordinator/Contact	E-mail	Telephone
<b>Shrewsbury</b>	<b>Monday &amp; Wednesday</b>	<b>10.45am 7.30pm</b>	<b>Mrs Margaret Jarvis</b>	<a href="mailto:westmids@christian-meditation.org.uk">westmids@christian-meditation.org.uk</a>	<b>01743 240401</b>
<b>Telford</b>	<b>Tuesday</b>	<b>1.00pm</b>	<b>Leslie Glaze</b>		<b>01952 582656</b>
Bishop's Castle	1st Monday of month	7.00pm	Joan Baker		
Evesham	Tuesday	5.15pm	Tim Tasker		
Malvern	Wednesday	7.45pm	Fr Keith Enston		
Newcastle under Lyme	Monday	7.30pm	Carmel Dennison		
Pershore	3rd Tuesday of Month	10.00am	Pauline Greenwood		
Ruyton XI Towns	Tuesday	11.45am	Peter Whittaker		
Stone	Monday	7.30pm	Bernadette Tunnicliffe		
Telford	Wednesday	1.00pm	Leslie Glaze		
Tewkesbury	Thursday	5.15pm	Christine Jay		
Wellington	Mondays (term time)	7.00pm	Jon Kille		
Wolverhampton	Tuesday	7.45pm	Michael Hackett		
Worcester	Friday	1.00pm	Fr Keith Enston		

## Birmingham Region

Town	Day	Time	Co-ordinator/Contact	E-mail	Telephone
			<b>Ms. Kathryn Carter</b>	<a href="mailto:kathycarter6@btinternet.com">kathycarter6@btinternet.com</a>	<b>0121 444 2755</b>
Attelborough	Thursday	7.30pm	Vivien Proctor-Parr		
Coventry	Tuesday	7.30pm			
Kings Heath	Tuesday	10.15am			
Reddich	Tuesday	7.30pm			
Rugby	Tuesday	7.30pm			
Rugby	Thursday	7.30pm			

## East Midlands Region

Town	Day	Time	Co-ordinator/Contact	E-mail	Telephone
<b>Cogenhoe</b>	<b>Thursday</b>	<b>7.30pm</b>	<b>Maggi Gordon</b>	<a href="mailto:margaret.gordon191@btinternet.com">margaret.gordon191@btinternet.com</a>	<b>01604 899342</b>
<b>Nottingham</b>	<b>Thursday</b>	<b>7.30pm</b>	<b>Peter Short</b>	<a href="mailto:peter.short12@virginmedia.com">peter.short12@virginmedia.com</a>	<b>0115 961 6534</b>
Belper					
Duston	Tuesday	5.00pm			
Eastwood					

Great Oakley	Wednesday	8.00pm			
Kibworth	Tuesday	3.00pm			
Leicester	Alt. Thursdays	12.30pm			
Leicester	Monday	6.00pm			
Lyddington	Last Tuesday	7.45pm			
Nottingham	Friday	2.00pm			
Nottingham	Wednesday	6.30pm			
Nottingham	Thursday	7.30pm	Peter Short		
Oakham	1st & 3rd Wednesdays				
Worksop	Monday	7.00pm			

## Cambridge Region

Town	Day	Time	Co-ordinator/Contact	E-mail	Telephone
<b>Cambridge</b>			<b>Caroline Shepherd</b>	<a href="mailto:carolineshep@googlemail.com">carolineshep@googlemail.com</a>	<b>01223 360648</b>
Balsham	Monday	7.30pm			
Saffron Walden	Monday	8.00pm			
Huntington					

## East Anglia Region

Town	Day	Time	Co-ordinator/Contact	E-mail	Telephone
<b>Norwich</b>	<b>Wednesday</b>	<b>7.30pm</b>	<b>Anne McDonnell</b>	<a href="mailto:anne.mcdonnell@talk21.com">anne.mcdonnell@talk21.com</a>	<b>01603 810646</b>
Bungay	1st Thursday of month	7.45pm	Melanie Pike		
Bury St Edmunds	Thursday	7.30pm	Nora Thompson		
Felixstowe	3rd Wednesday of month	2.30pm	Chris Cushing		
Lowestoft	1st Saturday of month	7.00am	Christine Bromley		
Norwich	Wednesday	7.30pm	Anne McDonnell		
Norwich	Monday	7.30pm	Margaret Comerford		
Norwich	Tuesday	1.15pm	Anne McDonnell		
Wayland Prison	Thursdays	6pm	Joyce Welford		
Woodbridge	Alt. Fridays	3.00pm	Edward Giles		

## Bedfordshire and Hertfordshire

Town	Day	Time	Co-ordinator/Contact	E-mail	Telephone
<b>Sharnbrook</b>	<b>Monday</b>	<b>8.00pm</b>	<b>Paul Hayward</b>	<a href="mailto:paul@chardonnay.co.uk">paul@chardonnay.co.uk</a>	<b>01234 782677</b>
Tring	Thursday	7.45pm			
Hatfield	Monday	8.00pm			
Hitchin	Monday	12.30pm			

Hitchin	Monday	12.30pm			
Sharnbrook	Monday	8.00pm	Paul Hayward		
Stansted Mountfitchet	Tuesday	8.00pm			
Stevenage	Thursday	7.30pm			
Toddington	Wednesday	7.30pm	Charles Posnett		

## Essex Region

Town	Day	Time	Co-ordinator/Contact	E-mail	Telephone
<b>Rayleigh</b>	<b>Monday</b>	<b>7.00pm</b>	<b>Chris Hurley</b>	<a href="mailto:chri8hurley@googlemail.com">chri8hurley@googlemail.com</a>	<b>01702 207722</b>
Chelmsford	Monday	8.00pm			
Colchester	Tuesday	8.00pm			
Grays	Friday	6.30pm			
Great Dunmow	Monday	7.00pm			
Hornchurch	Tuesday	8.00pm			
Maldon	Tuesday	12.30pm			
Rayleigh	Monday	7.00pm	Chris Hurley		
Upminster	Thursday	8.00pm			
Westcliffe on Sea	Monday	7.30pm			

## London - North West

Town	Day	Time	Co-ordinator/Contact	E-mail	Telephone
<b>Westminster</b>	<b>Monday</b>	<b>6.30pm</b>	<b>Eileen McDade</b>	<a href="mailto:emcdade@tesco.net">emcdade@tesco.net</a>	<b>020 7231 6278</b>
Chiswick	Thursday	6.45pm			
Ealing	Tuesday	6.30pm	Gina Garrett		
Ealing	Thursday	11.15am	Gina Garrett		
Ealing	Monday	6.30pm	Rev. Robin Burgess		
Fulham	Wednesday	6.30pm			
Fulham	Alt. Mondays	6.00pm			
Kensington	Monday	6.00pm			
Kensington	Wednesday	1.05pm			
Kensington	Tuesday	10.30am			
Kilburn	Thursday	6.30pm			
Meditatio	Daily	7am, noon, 6pm			
Pinner	Friday	8.00pm			
Shepherd's Bush	Thursday	6.30pm			

Westminster	Monday-Friday	12.30pm			
Westminster	Monday	6.30pm	Eileen McDade		
White City	Tuesday	8.00pm			

## London - North East

Town	Day	Time	Co-ordinator/Contact	E-mail	Telephone
<b>Stoke Newington</b>	<b>Wednesday</b>	<b>8.15pm</b>	<b>Rev Graeme Watson</b>	<a href="mailto:gchwatson@blueyonder.co.uk">gchwatson@blueyonder.co.uk</a>	<b>020 7249 8701</b>
Barnet	Wednesday	8.15pm			
City	Friday	1.05pm			
Cockfosters	Monday	11.40am			
Cockfosters	Tuesday	7.00pm			
East Barnet	Wednesday	7.30pm			
Enfield	Monday	8.00pm			
Highgate	Wednesday	8.00pm			
Highgate	Friday	8.00pm			
Highgate Village	Friday	12.30pm			
Hornsey	Tuesday	8.15pm			
New Southgate	Wednesday	10.45am			
Palmers Green	Thursday	6.15pm			
Stoke Newington	Wednesday	8.15pm	Rev Graeme Watson		
Wanstead	Wednesday	8.00pm			
Wapping					
West Hackney	Mondays	8.00pm			
Woodford Green	Monday monthly	7.30pm			

## London - South

Town	Day	Time	Co-ordinator/Contact	E-mail	Telephone
		<b>7.00pm</b>	<b>Geoff Waterhouse</b>	<a href="mailto:geoffwaterhouse@f2s.com">geoffwaterhouse@f2s.com</a>	<b>0208 392 9917</b>
Barnes	Wednesday	4.00pm	Teresa Cockburn		
Brixton/Camberwell/Oval	Tuesday	7.30pm	Sister Lucia		
Clapham	Thursday	8.00pm	Mandy Vasey		
Clapham	Friday	10.00am			
Dulwich	Tuesday	7.00pm			
Eltham	Friday	7.45pm			
Forest Hill	Monday	6.30pm			

Greenwich	Wednesday	2.00 & 8.00pm		
Putney	Tuesday	8.00pm		
Roehampton	Monday	7.00pm		
Roehampton	Wednesday	5.30pm		
Vauxhall	1st Friday of month	7.30pm		
Wimbledon	Wednesday	2.30pm		

## Surrey

Town	Day	Time	Co-ordinator/Contact	E-mail	Telephone
			<b>Vicky Lamb</b>	<a href="mailto:vicky.lamb24@gmail.com">vicky.lamb24@gmail.com</a>	<b>01483 571469</b>
Banstead	Tuesday	2.15pm	Dennis Brown		
Box Hill & Headley	1st & 3rd Mondays of month	2.30pm	Rev Linda Harknett		
Brockham	Alt. Fridays	9.15am	Andrea Sheargold		
Camberley	1st & 3rd Wednesdays	8.00pm	Andrea Wood		
Wonersh Seminary	Wednesday	8.00pm	Lynda Brincklow		
East Molesey	Monday	7.30pm	Briji Waterfield		
East Molesey	Saturday	10.30am	Francis Caine		
Epsom	Thursday	8.00pm	Colette Stowe		
Farnham	Monday	10.45am	Jan McGrory		
Great Bookham	Wednesday	9.30am	Christine Hill		
Guildford	Thursday	7.30pm	Ray Lamb		
Guildford	Wednesday	8.00pm	Revd Stefanie Hodges		
Prisons			Pat Savage		
Redhill	Last Friday of month	1.15pm	Caterina Brown		
Reigate	Alt. Mondays	8.00pm	Margaret Murrey		
Reigate	1st Thursday of month		Margaret Murrey		
Surbiton	Monday	10.30am	Joan McCutcheon		
Surbiton	Friday	11.15am	Lucy Smallwood		
Sutton	Alt. Mondays	7.45pm & 3.00pm	Pamela Ford		
Weybridge	Tuesday	9.00am	Gretta O'Connor		

## Kent

Town	Day	Time	Co-ordinator/Contact	E-mail	Telephone
			<b>Lucia Relling (previous)</b>		<b>01732 454053</b>
Benenden	Tuesday	6.00pm			

Chatham	Tuesday	8.00pm	Barry & Pat Evenden		
Downe	Wednesday	7.30pm	Hilary Knight		
Hythe	Thursday	7.00pm	Sr Angelina McNamara		
Orpington	Alt. Thursdays	8.00pm	Zita Rossin		
Rochester	Wednesday	9.45am	Betty Challis		
Sevenoaks	Alt. Mondays	7.30pm	Susan Spence		
Southborough	Wednesday	6.00pm			
Tunbridge Wells	Last Monday of month	7.30pm			
Tunbridge Wells	Tuesday	2.00pm	Sheila Syder		

## Sussex Region

Town	Day	Time	Co-ordinator/Contact	E-mail	Telephone
<b>Hove</b>	<b>Monday</b>	<b>7.00pm</b>	<b>Tim Cullen</b>	<a href="mailto:tim_cull-54@tiscali.co.uk">tim_cull-54@tiscali.co.uk</a>	<b>01273 857998</b>
Bognor Regis	Wednesday	7.30pm	Bennie and Francis Pieters		
Brighton - Hassocks			Juliet Holroyd		
Brighton - Patcham			Sylvia Lord		
Brighton - Preston Park	Tuesday	10.30am	C Welham		
East Grinstead	Thursday	7.30pm	Eileen Byrne		
Eastbourne	Friday	7.30pm			
Horsham	Tuesday	8.00pm	Melissa and Jon Graham		
Horsham	Monday	7.00pm	Janet Moore		
Midhurst			Susan Johnstone		
Hove	Monday	7.00pm	Tim Cullen		
Petworth	Tuesday	5.30pm	Maureen Rolls		
Polegate			John and Christine Mowbray		
Storrington/Pulborough	Alternate Thursdays	10.00am	Dorothy Pirkis		
Uckfield	Monday	12.00 noon	Jill Markham		
Worth Abbey	Wednesday	8.00pm	Geraldine Constable		
Arundel	Tuesday	7.15pm	Mary Corbyn		

## Oxford Region

Town	Day	Time	Co-ordinator/Contact	E-mail	Telephone
<b>Crowthorne</b>	<b>Monday</b>	<b>11.15am</b>	<b>Mrs Angela Greenwood</b>	<a href="mailto:angelagreenwood@hotmail.com">angelagreenwood@hotmail.com</a>	<b>01344 774254</b>
Abingdon	Friday	12.15pm			
Adderbury	Tuesday	7.00pm			

Aston Tirrold	1st & 3rd Mondays of month	5.00pm			
Aylesbury	Monday	7.30pm			
Caversfield	Wednesday	7.30pm			
Crowthorne	Monday	11.15am	Mrs Angela Greenwood		
Newbury	Friday	7.30pm			
Oxford		8.15pm			
Reading	Alt. Mondays or Tuesdays	8.30pm			
Reading	Monday	8.00pm			
Sunningdale	Monday	7.30pm			
Thatcham					
Thatcham					
Witney	Friday	10.00am			
Witney	Wednesday	4.30pm			
Woodstock	Monday	8.45am			

## Hampshire Region and Channel Isles

Town	Day	Time	Co-ordinator/Contact	E-mail	Telephone
Romsey	Tuesday	2.15pm	Pat Nash	<a href="mailto:patnash@talktalk.net">patnash@talktalk.net</a>	01794 512006
Guernsey-St Peter Port			Angela Le Page	<a href="mailto:ianange.kingston@virgin.net">ianange.kingston@virgin.net</a>	01481 723915
Alton	Wednesday	9.45am	Maureen Allan		
Church Crookham	Wednesday	4.00pm	Julia Williamson		
Cowes (Isle of Wight)	1st Monday & last Tuesday of month	7.00pm	Doreen Drake		
Fordingbridge	1st Tuesday of Month	2.30pm	Daphne Himmel		
Hayling Island	Wednesday	8.00pm	Patricia Church		
Odiham	2nd & 4th Monday of month	3.30pm	Rosemary Wimpenny		
Portsmouth	Saturday	5.00pm	Canon David Hopgood		
Romsey	Tuesday	2.15pm	Pat Nash		
Southampton	Tuesday	2.30pm	Stuart Donnan		
Winchester	4th Thursday of month	7.30pm	Liz Hanvey		
Yateley, Hants	Monday	10.00am	Clare Owens		

## Wiltshire

Town	Day	Time	Co-ordinator/Contact	E-mail	Telephone
Devizes	Monday	6.30pm	Janet Robbins	<a href="mailto:janet@jrobbins.co.uk">janet@jrobbins.co.uk</a>	01249 814845
Broadchalke	2nd Wednesday of month	2.30pm	Anna Watson		

Chippenham	Thursday weekly	7.30pm	Michael Sammes		
Corsham	Thursday	9.15am	Clare Raybould		
Devizes	Monday weekly	6.30pm	Janet Robbins		
Pewsey	Tuesday	5.00pm	Elizabeth Keighley		
Mere	Thursday	7.30pm	Mike Thompson		
Swindon	Thursday alternately	7.30pm	Pat Travers		
Trowbridge	Wednesday	6.30pm	Jeanne Blowers		

## Bristol Region

Town	Day	Time	Co-ordinator/Contact	E-mail	Telephone
<b>Bristol</b>	<b>Sundays</b>	<b>6.00pm</b>	<b>Rev. Deborah Frazer</b>	<a href="mailto:revdebbiefrazer@gmail.com">revdebbiefrazer@gmail.com</a>	<b>0117 987 9787</b>
			<b>Roger Layet</b>	<a href="mailto:roger.layet@btinternet.com">roger.layet@btinternet.com</a>	<b>01275 463727</b>
Bath / Bradford-on-Avon	Varies		Paula Widdicombe		
Bath	Alternate Mondays	7.45pm	Debbie Peskett		
Bristol - Barton Hill	Sundays	5.30pm	Rev. Deborah Frazer		
Bristol - Bishopston	Wednesday	8.00pm	Sue Ingham		
Bristol - Clifton	Tuesday	7.30pm	Sheila Mapson		
Bristol - St James Priory	Thursday	5.30pm	Sue Ingham		
Bristol - University	Tuesday	5.00pm	Philip Seal		
Bristol - Redcliffe	Tuesday	6.30pm	Joan and Lewis Semple		
Cheltenham	Monday	1.15pm	Edward Trezise		
Clevedon	Monday	8.00pm	Patrick Dillon		
Congresbury	4th Monday of Month	1.00pm and 7.30pm	Rev Matthew Thomson		
Fairford	Tuesday	4.00pm	Sue Thomson		
Gloucester	Friday	1.00pm	Barbara Jones		
Keynsham	Alt. Thursdays	7.30pm	Margaret Wilson		
Nailsea	Monday	8.00pm	Shelagh Layet		

## Somerset

Town	Day	Time	Co-ordinator/Contact	E-mail	Telephone
			<b>Mary Wilkinson</b>	<a href="mailto:marywilkinson@bowerhinton.fsnet.co.uk">marywilkinson@bowerhinton.fsnet.co.uk</a>	<b>01935 822222</b>
Langport	Wednesday	3.00pm			
Martock	Wednesday	3.00pm			

Martock	Friday	7.30pm			
Taunton	Wednesday				
<b>Dorset</b>					
Town	Day	Time	Co-ordinator/Contact	E-mail	Telephone
<b>Wimborne</b>	<b>Tuesday</b>	<b>6.45pm</b>	<b>Rosalind Stockley</b>	<a href="mailto:rozstockley@copsewood.org.uk">rozstockley@copsewood.org.uk</a>	<b>01258 841390</b>
Bridport	Monday	10.00am	Jo O'Farrell		
Christchurch	Monday	7.30pm	Beth Parfitt		
Dorchester	Wednesday	5.00pm	Rosemary Bassett		
Shaftesbury	Thursday / Tuesday	6.00pm / 8.00am	Mike Thompson		
Wimborne	Tuesday	6.45pm	Rosalind Stockley		
<b>Devon</b>					
Town	Day	Time	Co-ordinator/Contact	E-mail	Telephone
<b>Exeter</b>	<b>Thursday</b>	<b>7.30pm</b>	<b>Dawn Williams</b>	<a href="mailto:dawnwilliams59@yahoo.co.uk">dawnwilliams59@yahoo.co.uk</a>	<b>01395 276361</b>
Crediton	Saturday	10.30am			
Exeter	Thursday	7.30pm	Rosemary Allan-Willcox		
Exeter	Alternate Wednesdays	7.30pm	Rosemary Allan-Willcox		
Exeter	Thursday	7.30pm			
Exeter	Alt. Wednesdays	7.00pm			
Kingsbridge	Wednesday	12.00 noon			
Plympton	Thursday	7.30pm			
Tiverton	Tuesday	7.30pm			
<b>Cornwall</b>					
Town	Day	Time	Co-ordinator/Contact	E-mail	Telephone
			Diana Ohlson	<a href="mailto:pete@pohlson.wanadoo.co.uk">pete@pohlson.wanadoo.co.uk</a>	01228 354441 & 07837 311638
Feock	Wednesday	7.30pm	Diana Wallis		
Falmouth	Monday	1.00pm	Lyn Heath		
Feock	1st Wednesday of Month	7.30pm	Diana Wallis		
Golant	Fridays	6.00pm	Simon Andrews		
St Ives	Monday	7.30pm	Keren Mermagen		
St. Erth	Monday	7.30pm	Helen Purchase		
Truro	Thursday	12.10pm	Charles Butchart		

Isles of Scilly			Canon Peter Walker		
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